

ERASMUS + PROJECT



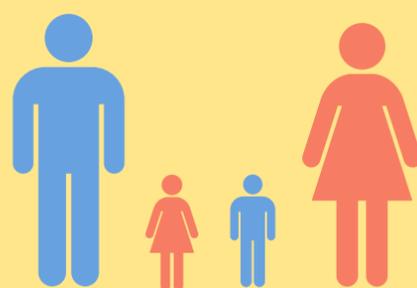
Preconception health of youth, bridging the gap in and through education

PreconNet brings lifelong fertility education to health professional educators by translating evidence on preconception in practical tools.

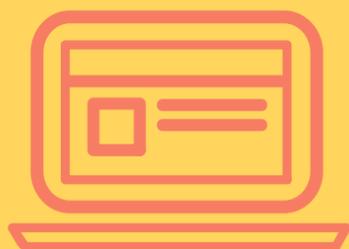
PRECONCEPTION CARE

Studies show a positive effect of preconception care, reproductive life planning and promotion of fertility awareness on pregnancy outcome and awareness

PREGNANCY +++



ONLINE PLATFORM



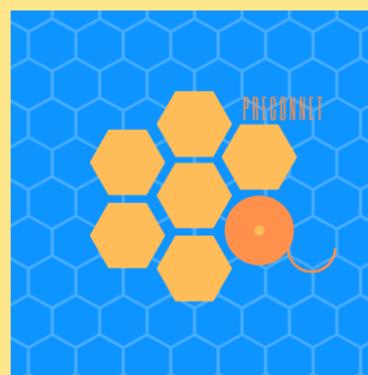
TRANSLATION OF EVIDENCE

A comprehensible & practical platform to guide health care lecturers and students through the theory on preconception

COMPREHENSIVE APPROACH

A model which includes
Biological & Health development facts
Psychological facts
Societal, ethical & cultural facts

TRANSFERABLE MODEL



STRONG LEARNING RESULTS



APPEALING TEACHING STRATEGIES

E-handbook
Scenario training
Animations
English - Dutch - Austrian -
Slovenian - Finnish

ABOUT THE PROJECT

PreconNet is based on a recognized fertility awareness need all over Europe.

The honeycomb - model based online platform frames the content and defines the elements of preconception health and care.

The online contents are freely accessible for health care lecturers, professionals and any other citizens with an interest in fertility and preconception.

IN COOPERATION WITH



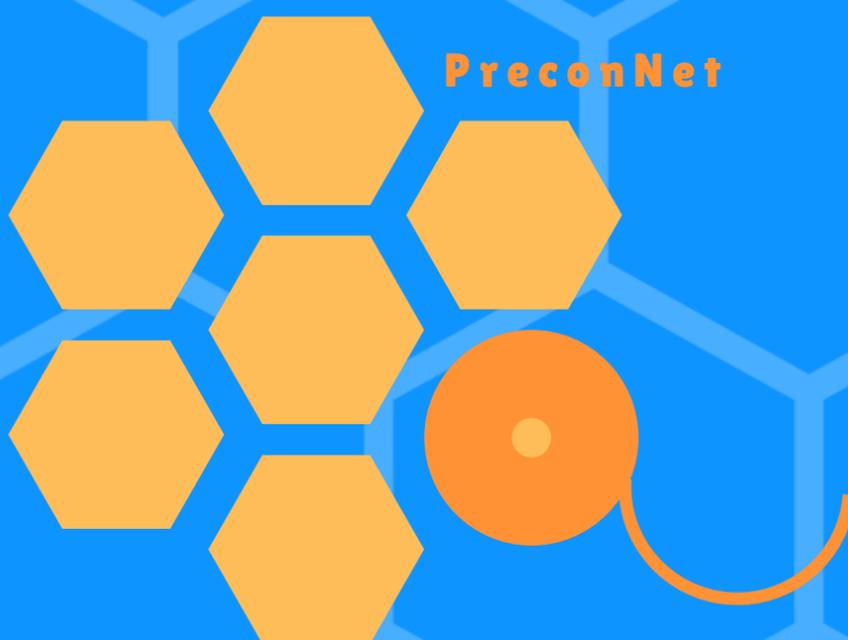
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THE HONEYCOMB MODEL: A PRECONCEPTION HEALTH & CARE MODEL FOR EDUCATION

The model frames the content and defines the elements of preconceptional health and care. The elements describe the latest approaches in preconception health care, including biological and health promotion approaches, as well as psychological, social, ethical and cultural perspectives. The model is easy to translate into the curricula of the healthcare courses of the participating countries. The honeycomb model serves as a guide for the concrete elaboration of the content, didactic approach and learning outcomes with regard to preconception, preconceptional health and care. The model and its elements form a framework for the (e-learning) courses and the online platform.



**Let's start to work on the
preconception of youth**

Sign up and join us!
preco.tamk.fi

