

Sexual harassment

- 1** Discussion: Ask learners if they know what sexual harassment is. Make sure the following things are mentioned:
 - Someone touches you without your permission.
 - Signs and expressions that make you feel uncomfortable.
 - Someone sends or shows you a message/picture/video that makes you feel uncomfortable.
 - Someone tries to tempt you to for example show yourself on a web cam.
 - It can be anything that makes you feel uncomfortable!
- 2** Show learners the cartoon "Can I get a pic of you?". Ask learners what kind of thoughts it brought up.
- 3** Show learners the cartoon "When you send a picture". Ask learners what kind of thoughts did it bring up.



If you face harassment online

- 1** Do not answer or send any pictures of yourself.
- 2** Do not delete the messages or pictures you have been sent.
- 3** Tell an adult you can trust.
- 4** Don't tolerate harassment.

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