

The following services are available in oral health care:

Advice on oral care at home and
nutrition

Dental check-ups

Emergency care

Dental Care

Specialist dental care



During pregnancy

For those expecting their first
child, one visit is offered to
check your oral health and see
if you need dental treatment.
The visit is usually a discussion.

Health counselling can be
provided individually, in
groups, or at joint events.



A child aged 1-6

A child's oral health is
checked regularly.

Take your child for an oral
health check-up once when
the child is:

1-2 years old

3-4 years old

5-6 years old



Go to a dentist with your child if:

Your child has pain in the mouth
when eating, drinking, or
sleeping.

You see something unusual in
your child's mouth.

**Dental care is free
for all children
under 18 years old.**

